



Dear Parents/Carers,

Next week we will be discussing the NSPCC's PANTS rules in our PSHE lessons.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse. PANTS stands for:



The lessons will introduce a range of ideas, all delivered in a way that's fully age appropriate, empowering pupils without using any frightening words. These include:

- Good and bad touching
- Your child's right to say no to things that make them feel upset or uncomfortable
- Naming parts of the body. When talking about our private parts (in Years 1 and 2) we will be using the anatomical names where appropriate. If you have any queries about what language may be used please speak to your child's teacher
- Who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with our school, more information can be found at nspcc.org.uk/pants

If you have any questions or concerns please don't hesitate to speak to your child's teacher.

Mrs S Charman
Executive Headteacher



Unity Education Trust

